

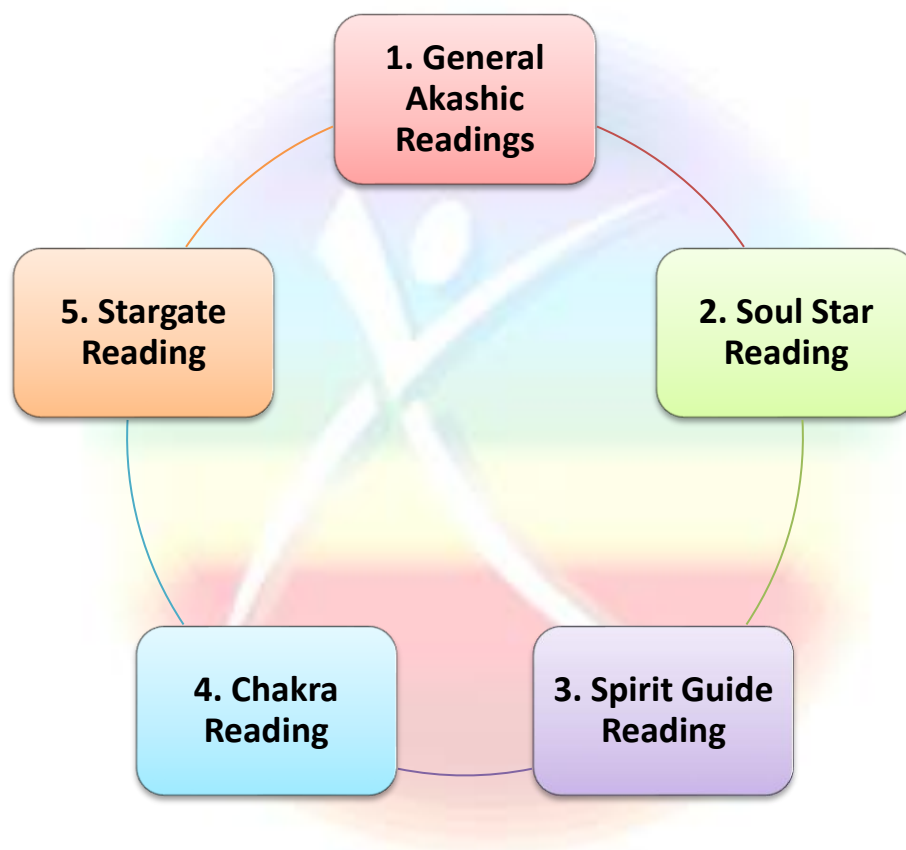
# Akashic Records Readings with Sarah Lawrence

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## Cycle 1 Akashic Readings with Sarah – awakening your Akashic Records

When you decide to have an Akashic Records Reading with Sarah, there may seem to be quite a few different types of readings available.

Here is a guide to help you understand how all Cycle 1 readings fit together, and where it might be appropriate for you to start.



**When you work with your Akashic Records, you awaken your Akashic Energy.**

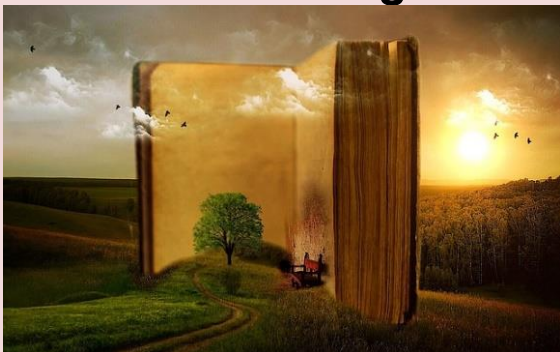
Knowing how to manage this awakening effectively can maximize the personal growth experiences you have and enable you to achieve your goals.

After all, you are investing time and money in your readings. You may simply be curious, or have a growth path in mind. Either way, it's good to know what you are getting and why!

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## 1. General Akashic Readings



- 30 minutes, 45 minutes or 1 hour, whenever you need them
- **Bring a list of general questions** about your current life situation or circumstances
- Great for coaching sessions and further questions after receiving any other reading
- Questions about Past Lives.

## 2. Soul Star Reading



- **One time reading**
- **Sarah reads your Records remotely for 1 hour beforehand**, then there is a 1 hour reading with you to receive the information.
- This reading includes
  - ★ **Origination of Your Soul**
  - ★ **Soul Story** for Healing
  - ★ **Clearing of Karma** and blocks and restrictions
- **Personalized 21-day prayer** to complete karmic clearing.

## 3. Spirit Guide Reading



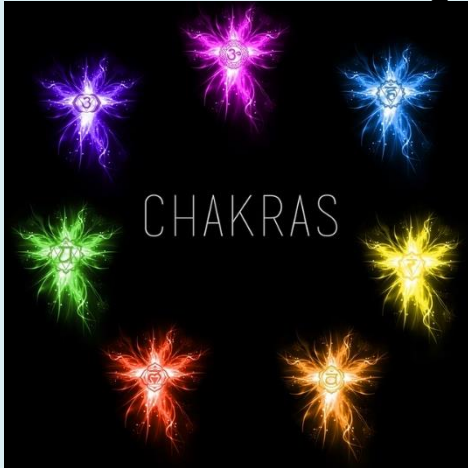
- **One time reading**, about 1 hour, Sarah reads your Records remotely for 1 hour beforehand.
- **Learn who your Spirit Guides are (up to 6 Inner Circle Guides)**
- **You'll be able to connect with your Guides in the future** increase intuition and insight.

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## 4. Chakra Reading



- You can check in and have this reading every 6 months or so.
- Chakra imbalances relate to lifestyle imbalances
- You'll be able to figure out why you are stuck or unable to manifest and move forward from that.
- **Your Spirit Guides and Akashic Guides can help you with solutions so that you regain balance.**

## 5. Stargate Reading



- This is a high vibrational reading for when you really need to get out of your head!
- Using the consciousness of the Stargate created by sacred geometry, you move up to 12D
- **Connect with Ascended Masters, Star Beings and your Soul Family**
- **Your Spirit Guides and Akashic Guides can help you with solutions and new perspectives.**

I hope you enjoyed your Akashic Records reading! Any further questions, [feel free to contact me via the client portal](#).

*To have an Akashic Records reading, you must be over 18 years of age.*