

Your 8 Brain Intelligences are...

We are going to use the circular chart to establish your personal preferences regards the 8 brain intelligences. Then we will be able to relate these intelligences to the **Clairs**, or spiritual intelligences!

1. Logical

Solve problems, step by step instructions, making lists, looking at the detail/pieces, investigate.

2. *Interpersonal*

Work in pairs, ask for help and advice, listen to others, be helpful and kind, introductions, sharing in other people' s experiences.

3. Visual

Make pictures, diagrams, maps, 3D models, mental images.

4. Musical

Play background music, use rhythm and rhyme, make up songs and poems, move to music.

5. *Intrapersonal*

Quiet thinking time, set personal goals, keep a learning log/diary, meditate, know what you' re good at and what things mean to you.

6. Linguistic

Write stories/notes/poems, read out loud, verbally articulate something you' ve learnt.

7. Kinaesthetic

Touch, feel, take breaks, use body movements to learn.

8. Naturalist

Go outdoors, see patterns in things, categorise things, listen to sounds in nature.